



Brought to You by Your Employee Assistance Program



DEA LifeCare Services

- Expert consultation and guidance on "your" life issues
- On-request research and educational materials
- Personalized referrals to local and national resources for your specific needs
- No-cost legal and financial consultations
- Back-up care program for children and adults
- Free prenatal, child safety and adult care kits
- 24 Hour toll-free phone access/ Interactive web site



LifeCare Specialists

LifeCare Specialists are available 24/7 to:

- Assess your needs
- Provide personalized one-on-one assistance
- Send educational materials within minutes of your request
- Prescreen providers and generate detailed referrals with confirmed availability
- Follow-up until your needs are completely satisfied



LifeCare employs Bachelor's and Master's level specialists (not generalists) who are educated and trained in one specialty area (child care, elder care, academics, etc.) so you receive guidance from experts in their fields.



LifeCare Services

LifeCare is sponsored by the Employee Assistance Program and is provided to you as DEA employees and your family members at no cost. Just some of the areas LifeCare experts can assist you with are:

- Child Care & Parenting—Care options, centers, in-home care, child safety, parenting resources, backup care, pregnancy, prenatal care, breastfeeding, domestic and international adoption resources, etc.
- Adult Care & Aging—Short- and long-term care options, caregiving resources, retirement, backup care, facilitated family meetings, Medicare, geriatric care management, transportation, home safety, medication reminder services. etc.
- Financial Concerns— Three free 30-minute financial counselor consultations per year to assist with budgeting, credit & debt, college planning, home buying, retirement and more; the preparation of a free family budget
- Legal Concerns—Access to local attorneys who will provide free 30-minute legal consultations on up to three new legal topics per year—plus, online content, sample legal forms, and more.
- Education—Pre-K to college, financial aid, scholarships, special needs programs, after-school programs, homework help resources, etc.





LifeCare Services

LifeCare also offers:

■ Backup Care ConnectionSM—helps you secure backup care for children and older adults. Provides access to a large nationwide network of licensed, high quality child care centers and in-home care providers that can provide safe, reliable care.

Each employee is eligible to utilize 40 hours of back-up care per year at a co-pay of \$35 per day per child or adult.

Care Kits—for employees who are currently expecting a baby, or caring for a toddler or aging loved one, LifeCare offers Prenatal, Child Safety and Adult Care kits loaded with free products and helpful information.





The LifeCare Web Site

It's Simple to Log-in...

<u>Do not</u> click on the "NEW USERS" link. Simply enter the following Screen Name and Password in the "Member Login" box.

- Screen Name: usdoj
- Password: dea (case sensitive)





From the LifeCare Web Site

You can access:

- Tips, checklists, and in-depth articles that can help you more effectively manage one-of-a-kind and everyday life challenges
- Self-search tools that deliver detailed information on over two million work/life resources nationwide
- Live webinars, on-demand e-seminars, financial calculators, audio tips, blogs, podcasts, and streaming videos
- School and community comparison tools
- Educational loan and scholarship assistance
- And much more!





To Access DEA LifeCare Services

- Call 800-873-4636 (TDD/TTY 800-873-1322)
- Or log on to www.lifecare.com
 - Do not click on the "NEW USERS" link. Simply enter Screen Name: usdoj and Password: dea (all lowercase)
 - For assistance logging on, contact the Help Desk at 888-604-9565

Note: Consultation with a LifeCare specialist is not meant as a substitute for guidance from a licensed physician or mental health professional in matters of physical and/or emotional health. For answers to medical questions please contact your health care provider. For consultation on mental health issues, please contact the DEA Employee Assistance Program at 1-800-275-7460.

